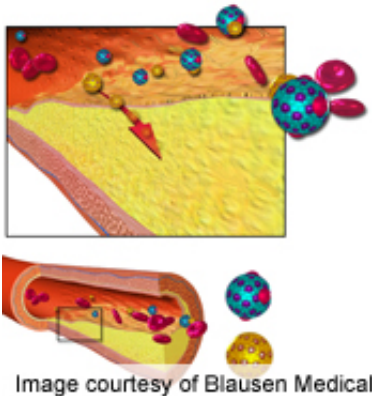


Higher HDL cholesterol may help protect against cancer

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Higher levels of high-density lipoprotein cholesterol are associated with a decreased risk of cancer among individuals with type 2 diabetes, according to a study published online Sept. 11 in *Diabetes Care*.

(HealthDay)—Higher levels of high-density lipoprotein cholesterol (HDL-C) are associated with a decreased risk of cancer among individuals with type 2 diabetes, according to a study published online Sept. 11 in *Diabetes Care*.

Wenhui Zhao, M.D., from the Pennington Biomedical Research Center in Baton Rouge, La., and colleagues retrospectively analyzed data from a cohort of 14,169 men and 23,176 women with type 2 diabetes. Patients were categorized by HDL-C level to assess [cancer risk](#).

The researchers found that over 6.4 years of follow-up, 3,711 patients with type 2 [diabetes](#) were diagnosed with [cancer](#). There was a significant inverse association between HDL-C and the risk of cancer among both men and women. By HDL-C level at baseline, the multivariable-adjusted hazard ratios of cancer were 1.00 for

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