

INR variability predicts warfarin adverse effects

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(HealthDay)—Unstable anticoagulation predicts warfarin adverse effects regardless of time in therapeutic range, according to a study published online Sept. 2 in *Circulation: Cardiovascular Quality and Outcomes*.

Zayd Razouki, M.D., from the Bedford VA Medical Center in Massachusetts, and colleagues calculated time in therapeutic range (TTR) and log-transformed international normalized ratio (INR) variability for 40,404 patients (≥65 years) anticoagulated for atrial <u>fibrillation</u> with warfarin and seen within the Veterans Health Administration. TTR was categorized as (high, >70 percent; moderate, 50 percent to 70 percent; and low,

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