

Researchers find novel way body defends against harmful bacteria

October 23 2014, by Jim Stallard



Bacteria such as *Pseudomonas aeruginosa* appear to trigger an immune response after interfering with mitochondrial function inside cells.

Bacterial infections can cause major problems for people undergoing treatment for cancer and other diseases. The concern is especially acute during hospitalization, when patients often have weakened immune function.

To complicate matters, antibiotics given to relieve or prevent infections may have a negative effect on the health-promoting [bacteria](#) that live in the body, mainly in the gut. If the microbiota—a word that refers collectively to all of the microorganisms that inhabit the body—get out of balance, it can allow [harmful bacteria](#) to dominate and give rise to antibiotic-resistant strains.

In light of this, there's a growing interest in clarifying how the body fights pathogenic bacteria without wiping out the benign forms. The idea is that this understanding could lead to ways to enhance this natural defense.

Now Memorial Sloan Kettering researchers have identified an unusual process by which the body can sense the presence of [pathogenic bacteria](#) and destroy them. Rather than detect the microbes directly, individual cells monitor how the bacteria interfere with the functioning of energy-producing cellular structures called mitochondria.

"Some intestinal bacteria trigger mitochondria dysfunction, presumably to promote infection," says MSK cell biologist Cole Haynes, who led the research. "In response, when the cells perceive that mitochondria function is being perturbed, they turn on genes that launch an attack against the bacteria."

Gut Reaction

Dr. Haynes explains that this mechanism may have evolved to enable cells to detect bad bacteria amid the many forms of good bacteria. The body's primary method for killing pathogenic microbes involves attacking them directly with [white blood cells](#), but this may not occur quickly enough or be adequately selective.

"In places like the gut, there are lots of different bacteria, which at some

level all look the same," he says. "How do you tell the bad from the good? You don't want to clear out the entire gut microbiota, which are keeping you healthy. Maybe one way to do it is to detect those pathogens that perturb intracellular activities."

Dr. Haynes says he and his colleagues took an unexpected route to this discovery. His laboratory at the Sloan Kettering Institute primarily studies the stress responses that cells naturally mount to protect and maintain mitochondria, which provide most of the energy that allows cells to perform their normal functions. Mitochondrial dysfunction appears to play a role in both cancer and the aging process.

In recent years, Dr. Haynes and colleagues have focused attention on a protective protein called ATFS-1. When cells are under stress, ATFS-1 accumulates in the nucleus of the cell and turns on an array of genes that help restore [mitochondria function](#). But the researchers noticed that ATFS-1 also turns on genes that are associated with fighting bacteria—part of the body's innate immune response.

"It led us to the hypothesis that maybe this stress-response pathway is coupled with innate immunity, allowing the detection of bacteria that disturb mitochondria so a response can be launched to destroy the pathogens," he says.

Worm Defenses

To test this theory, Dr. Haynes and coauthors at MSK and Harvard exposed groups of nematode worms to *Pseudomonas aeruginosa*, a bacteria common to humans and known to cause [mitochondrial dysfunction](#). Worms that lacked the ATFS-1 gene function died much sooner than normal worms after *Pseudomonas aeruginosa* infiltrated cells in their intestine.

By contrast, when researchers boosted the expression of the ATFS-1 gene, the worms survived longer. Significantly, the infected cells killed much of the *Pseudomonas aeruginosa* by secreting higher levels of antimicrobial peptides and enzymes that degrade bacterial membranes and walls. "It really does suggest that the response is antimicrobial and can kill the pathogens," Dr. Haynes says.

The finding was recently reported online in *Nature*.

It is far from clear whether this process will hold true in people, although experiments with human [cells](#) in culture suggested that mitochondrial stress increased the activity of genes for antimicrobial peptides.

Dr. Haynes says the finding, if confirmed with further studies, offers a potential new strategy for fighting bacterial infections.

"There haven't been many new antibiotics designed in the last ten years, so drugs that exploit a cell's protection of its [mitochondria](#) could potentially provide new ways to fight infections," he says. "I suspect therapies that enhance the body's own bacterial defenses may be less likely to generate antibiotic resistance compared with antibiotics that typically target the pathogen directly."

More information: "Mitochondrial UPR-regulated innate immunity provides resistance to pathogen infection." *Nature* (2014) [DOI: 10.1038/nature13818](#)

Provided by Memorial Sloan-Kettering Cancer Center

Citation: Researchers find novel way body defends against harmful bacteria (2014, October 23) retrieved 20 March 2024 from <https://medicalxpress.com/news/2014-10-body-defends->

[bacteria.html](#)

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.