

Death rates in prisons from smoking-related illnesses are higher than in the general US population

October 22 2014, by Danielle Zieg

A research team led by Ingrid Binswanger, MD, MPH, associate professor, School of Medicine, recently published findings that death rates in prisons from smoking-related illnesses are higher than in the general U.S. population. The researchers also looked at whether smoking bans in prison are linked to reductions in smoking-related deaths.

Co-authors on "Prison tobacco control policies and deaths from smoking in United States prisons: population based retrospective analysis" include CU Denver Assistant Professor Patrick M. Krueger, PhD, Health and Behavioral Sciences; and Shane Mueller, PhD student in Health and Behavioral Sciences, College of Liberal Arts and Sciences.

Published in the *British Medical Journal*, the research shows the most common causes of death related to smoking among people in prison were lung cancer, [ischemic heart disease](#), other heart disease, cerebrovascular disease, and chronic airways obstruction.

The researchers note that in the United States, 50 percent to 83 percent of the 1.4 million individuals incarcerated in state prisons were smokers, which is a higher percentage than in the general population outside prison. The number of states with a prison [smoking ban](#) increased from 25 in 2001 to 48 by 2011.

The paper addresses contributing factors such as the individuals' socio-

economic backgrounds and the effect of second-hand smoke in confined spaces.

The researchers conclude that prison smoking bans may help reduce smoking-related deaths. However, they also acknowledge potential challenges for individuals during and after incarceration.

More information: "Prison tobacco control policies and deaths from smoking in United States prisons: population based retrospective analysis." *BMJ* 2014; 349 doi: [dx.doi.org/10.1136/bmj.g4542](https://doi.org/10.1136/bmj.g4542)

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