

Flu viruses disguised as waste: Crafty manipulator deceives cellular waste disposal system

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The atomic structure of influenza A virus nucleoprotein. Credit: Jane Tao/Rice University

Disguising itself as waste, the shell of the flu virus is torn apart by the cell's own disposal system, thereby releasing viral genetic information. For the first time, a research team headed by researchers at ETH Zurich has now managed to show the exact process.

Viral infections always follow a similar course. The pathogen infiltrates the host [cells](#) and uses their replication and protein production machinery to multiply. The virus has to overcome the initial barrier by docking on the surface of the cell membrane. The cell engulfs the virus

in a bubble and transports it towards the [cell nucleus](#). During this journey, the solution inside the bubble becomes increasingly acidic. The acidic pH value is ultimately what causes the virus's outer shell to melt into the membrane of the bubble.

Capsid cracked open like a nut

However, this is only the first part of the process. Like other RNA viruses, the flu virus has to overcome a further obstacle before releasing its genetic code: the few pieces of RNA that make up the genome of the flu virus are packed into a capsid, which keeps the virus stable when moving from cell to cell. The capsid also protects the viral genes against degradation.

Until now, very little has been known about how the capsid of the flu virus is cracked open. A team of researchers from the ETH Zurich, the Friedrich Miescher Institute for Biomedical Research in Basel and the Biological Research Center in Szeged (Hungary) has now discovered exactly how this key aspect of flu infection works: the capsid of the influenza A virus imitates a bundle of protein waste – called an aggresome – that the cell must disentangle and dispose. Deceived in such a way, the cellular waste pickup and disposal complex cracks open the capsid. This discovery has recently been published in the journal *Science*.

The virus capsid carries cellular waste 'labels' on its surface. These waste labels, called unanchored ubiquitin, call into action an enzyme known as histone deacetylase (HDAC6), which binds to ubiquitin. At the same time, HDAC6 also binds to scaffolding motor proteins, pulling the perceived "garbage bundle" apart so that it can be degraded. This mechanical stress causes the capsid to tear, releasing the genetic material of the virus. The viral RNA molecules pass through the pores of the cell nucleus, again with the help of cellular transport factors. Once within the nucleus, the cell starts to reproduce the viral genome and build new virus

proteins.

Tricking the waste pickup and disposal system

This finding came as a great surprise to the researchers. The waste disposal system of a cell is essential for eliminating protein garbage. If the cell fails to dispose of these waste proteins (caused by stress or heat) quickly enough, the waste starts to aggregate. To get rid of these aggregates, the cell activates its machinery, which dismantles the clumps and breaks them down into smaller pieces, so that they can be degraded. It is precisely this mechanism that the [influenza virus](#) exploits.

The researchers were also surprised by how long the opening of the capsid takes, with the process lasting around 20-30 minutes. The total infection period – from docking onto the cell's surface to the RNA entering the cell nucleus – is two hours. "The process is gradual and more complex than we thought," says Yohei Yamauchi, former postdoc with ETH professor Ari Helenius, who detected HDAC6 by screening human proteins for their involvement in viral infection. In a follow-up study, lead author Indranil Banerjee confirmed how the [flu virus](#) is programmed to trick HDAC6 into opening its capsid.

A mouse model provided encouraging proof. If the protein HDAC6 was absent, the [flu infection](#) was significantly weaker than in wild-type mice: the flu viruses did not have a central docking point for binding to the waste disposal system.

Stopping waste labels from binding

The researchers headed by Professor of Biochemistry, Ari Helenius have broken new ground with their study. Little research has previously been conducted on how an animal virus opens its capsid. This is one of the

most important stages during infection, says the virologist. "We did, however, underestimate the complexity associated with unpacking the capsid," admits Helenius. Although he wrote a paper on the subject 20 years ago, he did not further pursue his research at that time. He attributes the current breakthrough to new systemic approaches to researching complex systems.

Whether there are therapeutic applications for the findings remains to be seen as an absence of HDAC6 merely moderates the infection rather than prevents it. The known HDAC6 inhibitors target its two active areas. Blocking the enzymatic activity does not help prevent HDAC6 from binding to ubiquitin, but rather supports the virus by stabilizing the cell's framework.

"We would need a substance that prevents HDAC6 from binding to ubiquitin, without touching the enzyme," says Yamauchi. Nevertheless, the structure of HDAC6 indicates that this is possible and follow-up experiments are already planned. The researchers have already filed a patent for this purpose.

Quick mutations

These new findings also underpin one of the main challenges of fighting viruses. Viruses make intelligent use of many processes that are essential for our cells. These processes cannot simply be "switched off", as the side effects would be severe. Furthermore, viruses mutate very quickly. In the case of the flu medicine Tamiflu, the influenza [virus](#) evaded it by a mutation that changed the target protein of the active substance on its surface, thereby rendering the drug useless.

It is possible that other viruses might use the waste processing system to decapsidate or uncoat their DNA or RNA and to infect cells efficiently. Helenius does not plan to conduct further research in this field, however,

as ETH Zurich will dissolve the research group upon his retirement.

More information: Banerjee I, Miyake Y, Nobs SP, Schneider C, Horvath P, Kopf M, Matthias P, Helenius A, Yamauchi Y. Influenza A virus uses the aggresome processing machinery for host cell entry. *Science*, published online 23rd October 2014. [DOI: 10.1126/science.1257037](https://doi.org/10.1126/science.1257037)

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