

# Poll: Many insured struggle with medical bills

October 13 2014, by Ricardo Alonso-Zaldivar

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One-fourth of U.S. adults with private health insurance don't have much confidence in their ability to pay for a major, unexpected medical expense.

That's what a survey from The Associated Press-NORC Center for Public Affairs Research finds.

And it helps explain why President Barack Obama faces skepticism from the public that his [health care law](#) is holding costs down.

The poll found the biggest financial concerns among people with high-deductible plans. Those plans require patients to pay a significant share of their [medical bills](#) each year before insurance kicks in.

They are a growing share of those with employer coverage and the mainstay of the new health insurance exchanges created by Obama's law.

People with high-deductible plans were more likely to forgo needed treatment—and deplete their savings.

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