

# Vitamin D deficiency common in men with erectile dysfunction

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(HealthDay)—For men with erectile dysfunction (ED), vitamin D deficiency is common, especially among those with arteriogenic etiology, according to a study published in the November issue of the *Journal of Sexual Medicine*.

Alessandra Barassi, M.D., from the University of Milan, and colleagues examined the status of [serum](#) vitamin D among patients with ED. The etiology of ED was classified as arteriogenic (A-ED; 50 patients), borderline (28 patients), and non-arteriogenic (NA-ED; 65 patients).

The researchers found that the mean vitamin D level was 21.3 ng/mL, and 45.9 percent of patients had vitamin D deficiency (20 ng/mL (45 versus 24 percent; P

"We suggest routine measurement of vitamin D in ED [patients](#), with replacement therapy as required," the authors write.

**More information:** [Abstract](#)  
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