

Many future health professionals drink too much alcohol

November 4 2014

A new study found that 43% of nursing students indulge in hazardous alcohol consumption, with 14.9% of men and 18.7% of women meeting criteria for hazardous drinkers.

Hazardous drinkers were more likely to be young, to smoke, and to live outside the family nucleus.

"Alcohol-prevention activities should envisage greater protection of university settings, particularly where future health professionals are involved," wrote the authors of the *Journal of Advanced Nursing* study.

More information: Rabanales Sotos J., López Gonzalez Á., Párraga Martínez I., Campos Rosa M., Simarro Herraéz M.J. & López-Torres Hidalgo J. (2014) Prevalence of hazardous drinking among nursing students. *Journal of Advanced Nursing* 00(0), 000–000. [DOI: 10.1111/jan.12548](https://doi.org/10.1111/jan.12548)

Provided by Wiley

Citation: Many future health professionals drink too much alcohol (2014, November 4) retrieved 25 April 2024 from <https://medicalxpress.com/news/2014-11-future-health-professionals-alcohol.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private

study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.