

Trial shows new imaging system may cut X-ray exposure for liver cancer patients

November 26 2014

Johns Hopkins researchers report that their test of an interventional X-ray guidance device approved by the U.S. Food and Drug Administration in 2013 has the potential to reduce the radiation exposure of patients undergoing intra-arterial therapy (IAT) for liver cancer.

In a report prepared for presentation Dec. 3 at the 100th annual meeting of the Radiological Society of North America in Chicago (abstract #SSM24-02), the researchers described the results of a clinical trial of the imaging system AlluraClarity, made by Philips Healthcare, on 50 patients with <u>liver cancer</u>. Its use reduced radiation exposure up to 80 percent, compared with exposure from a standard imaging X-ray <u>platform</u> used in IAT, while producing <u>images</u> just as clear as the standard system, says Jean-Francois Geschwind, M.D., a professor in the Russell H. Morgan Department of Radiology and Radiological Science in the Johns Hopkins University School of Medicine and its Kimmel Cancer Center.

Geschwind says if further studies continue to affirm his team's findings, the platform may be especially useful for patients who need repeat therapy; children, who are especially vulnerable to radiation; and physicians who routinely use procedures such as IAT and are exposed to radiation.

During IAT, a physician inserts a thin, flexible tube directly into a blood vessel feeding a tumor, using that pathway to deliver chemotherapy or other drugs. X-ray imaging is used during the procedure to visualize the



patient's blood vessels and to guide both the catheter's placement and drug delivery.

Geschwind and his colleagues compared the <u>radiation exposure</u> of 25 patients with liver cancer treated with IAT using the AlluraClarity platform to the exposure of 25 additional <u>patients</u> with liver cancer treated with IAT using Philips' previous X-ray imaging platform, called Allura.

Lowering the radiation power on standard X-ray imaging platforms can reduce the exposure, but without special image processing, the amount of image noise increases and physicians are unable to see small structures needed for good treatment, says Ruediger Schernthaner, M.D., a postdoctoral research fellow in vascular and interventional radiology at The Johns Hopkins Hospital. "You can compare this to an image taken with your cell phone in the evening without a flash," he says.

The AlluraClarity platform uses a series of real-time image processing algorithms to achieve high quality images at a lower radiation power, Schernthaner says.

More information: RSNA Abstract:

rsna2014.rsna.org/program/details/?emID=14011417

Provided by Johns Hopkins University School of Medicine

Citation: Trial shows new imaging system may cut X-ray exposure for liver cancer patients (2014, November 26) retrieved 20 March 2024 from https://medicalxpress.com/news/2014-11-trial-imaging-x-ray-exposure-liver.html

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