

Japan first nation to approve Novartis psoriasis drug

December 26 2014

Swiss pharmaceutical company Novartis said Friday it has won approval to market its Cosentyx psoriasis treatment in Japan, making it the first country to authorise commercialisation of the drug.

The Japanese decision allows Novartis to sell secukinumab, sold under the name Cosentyx, to adult patients suffering <u>psoriasis</u> vulgaris and <u>psoriatic arthritis</u>, and who aren't responding to other medication.

The drug is considered by experts to have potentially enormous market value of between \$1 billion and \$2.5 billion annually. It's estimated 3 percent of the world's population—or over 125 million people—suffer from some form of psoriasis, including over 400,000 individuals in Japan alone.

Psoriasis vulgaris is a skin disease provoking thick, itchy lesions, while the articular variant causes stiffness and pain in joints.

Novartis said in a statement that during clinical testing of the drug, 70 percent of patients experienced improvement or complete clearing of their psoriasis symptoms.

Approval in Japan follows the recommendation by European drug regulators in November that Cosentyx be approved for sale as a first-line treatment of psoriasis.

Similarly, the US Food and Drug Administration is expected to approve



the medication in early 2015 after its panel of experts issued a similarly positive recommendation in October.

Novartis says Cosentyx is a <u>human monoclonal antibody</u> that neutralises a protein present in high levels of concentration in psoriasis patients.

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Citation: Japan first nation to approve Novartis psoriasis drug (2014, December 26) retrieved 16 April 2024 from

https://medicalxpress.com/news/2014-12-japan-nation-novartis-psoriasis-drug.html

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