

# Age at gluten introduction not linked to risk of celiac disease

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(HealthDay)—The age of introduction of gluten is not associated with risk of celiac disease (CD) in genetically predisposed children, according to a study published online Jan. 19 in *Pediatrics*.

Carin Andrén Aronsson, from Lund University in Sweden, and colleagues examined the correlation between age of gluten introduction and risk of CD in genetically predisposed children. Data were collected for 6,436 [newborn infants](#) who were screened for high-risk HLA-genotypes for CD, and followed-up in Finland, Germany, Sweden, and the United States.

The researchers found that Swedish children were introduced to gluten

earlier than those from Finland, Germany, and the United States (median, 21.7 weeks versus 26.1, 30.4, and 30.4 weeks, respectively; P

"Time to first introduction of gluten is not an [independent risk factor](#) for developing CD by 5 years of age, neither on an overall level nor on a country level comparison," the authors write.

**More information:** [Abstract](#)  
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