

California declares electronic cigarettes a health threat

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Paul Frohman smokes an electronic cigarette outside an office building in downtown Los Angeles on Wednesday, Jan. 28, 2015. California health officials declared electronic cigarettes a health threat that should be strictly regulated like tobacco products, joining other states and health advocates across the U.S. in seeking tighter controls as "vaping" grows in popularity. (AP Photo/Richard Vogel)

California health officials Wednesday declared electronic cigarettes a health threat that should be strictly regulated like tobacco products,

joining other states and health advocates across the U.S. in seeking tighter controls as "vaping" grows in popularity.

The California Department of Public Health released a report saying e-cigarettes emit cancer-causing chemicals and get users hooked on nicotine but acknowledging that more research needs to be done to determine the immediate and long-term health effects.

"E-cigarettes are not as harmful as conventional cigarettes, but e-cigarettes are not harmless" said California Health Officer Ron Chapman. "They are not safe."

New generations of young people will become nicotine addicts if the products remain largely unregulated, Chapman said. Last year, 17 percent of high school seniors reported using e-cigarettes, known as vaping, according to the report.

"Without action, it is likely that California's more than two decades of progress to prevent and reduce traditional tobacco use will erode as e-cigarettes re-normalize smoking behavior," the report says.

E-cigarettes heat liquid nicotine into inhalable vapor without the tar and other chemicals found in traditional cigarettes. A cartridge of nicotine can cost anywhere from \$5 to \$20 dollars and can be reused.



Geoff Braithwaite, owner of Tasty Vapor, exhales vapor after using an electronic cigarette Wednesday, Jan. 28, 2015, in Oakland, Calif. California health officials on Wednesday declared electronic cigarettes a health threat that should be strictly regulated like tobacco products, joining other states and health advocates across the U.S. in seeking tighter controls as "vaping" grows in popularity. The California Department of Public Health report says e-cigarettes emit cancer-causing chemicals and get users hooked on nicotine but acknowledges that more research needs to be done to determine the immediate and long-term health effects. (AP Photo/Ben Margot)

California banned the sale of e-cigarettes to minors in 2010, but the report raises concerns about children consuming liquid nicotine with flavors such as cotton candy and gummy bear. Reports of children under 5 with e-cigarette poisoning jumped from seven in 2012 to 154 last year.

The California report says e-cigarettes emit as many as 10 toxic

chemicals, but advocates say there is no evidence those substances are released at dangerous levels.

"Despite the health officer's false claims, there is ample evidence that vaping helps smokers quit and is far less hazardous than smoking," Gregory Conley, president of the e-cigarette advocacy group American Vaping Association, said in an email. "Smokers deserve truthful and accurate information about the relative risks of different nicotine products, not hype and conjecture based on cherry-picked reports."

The U.S. Food and Drug Administration is also proposing regulations that include warning labels and ingredient lists on e-cigarettes, although enactment could take years. California health officials are calling for restrictions on the marketing and sale of e-cigarettes and protections against accidental ingestion of liquid nicotine.

A state senator introduced legislation this week that would regulate e-cigarettes as tobacco products and ban their use in public places such as hospitals, bars and schools. A similar bill was defeated last year over opposition from tobacco companies.

Chapman, the health official, would not take a position on specific legislation, but said his department would be rolling out an e-cigarette awareness campaign with possible television and radio advertisements.

E-cigarettes have become more visible as they grow in popularity and commercials for the products air in places where traditional cigarette ads have been banned. Businesses related to e-cigarettes, including vaping lounges, are rapidly popping up in cities across California.

Geoff Braithwaite, co-owner of an Oakland store that sells liquid nicotine for e-cigarettes, said he understands the need to restrict vaping in public and prevent sales to minors. He says his customers are longtime

smokers who should be able to get a nicotine buzz without the harshness of a regular cigarette.

"Nicotine has all this stigma attached solely to the medium we used to use," Braithwaite said. "When you try to outright ban e-cigarettes, you're lumping in the solution with the problem."

Other states, including Oklahoma, Tennessee and Arkansas, already have issued advisories cautioning the use of e-cigarettes. Legislatures have been exploring restrictions on e-cigarette marketing, adding childproof packaging requirements and imposing taxes to discourage use.

"Health officials want to be proactive on this important public health issue," said Lisa Waddell, who leads community health and prevention at the Association of State and Territorial Health Officials. "The issue of real concern here is we really don't know everything that's in these products, and you are seeing the rise of the use of these products in our children as well as our adults."

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