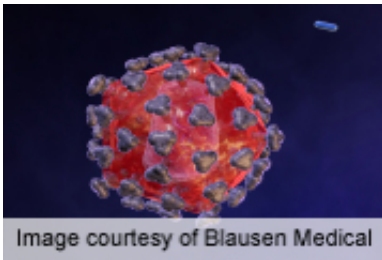


Viral load at delivery in about 13 percent of women taking HAART

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(HealthDay)—Among women who initiate highly-active antiretroviral therapy (HAART) during pregnancy, 13.1 percent have detectable viral load (VL) at delivery, according to a study published online in the Jan. 20 issue of the *Annals of Internal Medicine*.

Ingrid T. Katz, M.D., from Brigham and Women's Hospital in Boston, and colleagues examined the factors associated with detectable VL at delivery, despite initiation of HAART during [pregnancy](#), in a multicenter observational study. Data were included for 671 [women](#) from 67 U.S. AIDS clinical research sites between 2002 and 2011.

The researchers found that 13.1 percent of the women had detectable VL at delivery. Multiparity ($P = 0.002$); black ethnicity (versus Hispanic or white; P

"Social factors, including ethnicity and education, may help identify women who could benefit from focused efforts to promote early HAART initiation and adherence," the authors write.

More information: [Full Text \(subscription or payment may be required\)](#)

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