

Endocrine Society publishes comprehensive report on hormone health statistics

March 4 2015

The Endocrine Society today published the first chapter of a new report compiling the latest peer-reviewed statistics on hormone health conditions into a single resource.

Endocrine Facts and Figures provides patients, physicians, researchers, journalists, policymakers and consumers with a comprehensive source of epidemiological data and trends on a breadth of endocrine diseases and related conditions.

"The Endocrine Society has created a compendium of data for anyone seeking to better understand the impact of hormone <u>health conditions</u>," said Society Past President Robert A. Vigersky, MD, who chaired the Endocrine Facts and Figures Advisory Panel. "Endocrine diseases like obesity and diabetes affect millions of people. This report combines the best peer-reviewed data on these conditions in a single location."

The initial chapter focuses on obesity, a condition that affects 35.1 percent of adults and 16.9 percent of children in the United States. The report discusses important research breakthroughs and treatment options for obesity. In addition, the chapter provides statistics on metabolic syndrome, a related condition that occurs when a person has a cluster of risk factors, including excess body fat, which increase the chances of developing heart disease, stroke and diabetes.

Future chapters scheduled to be published later this year will examine thyroid conditions, bone and calcium diseases, cardiovascular and lipid



disorders, hypothalamic-pituitary disorders, adrenal health, cancers and neoplasias, reproductive and development disorders, and diabetes. The chapters are scheduled to be published on a monthly basis throughout the remainder of the year.

The Endocrine Society's world-renowned physician and scientific experts compiled the data from peer-reviewed publications. The 2015 edition will focus on data from the United States. Future updates will incorporate additional data from other countries.

Provided by The Endocrine Society

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