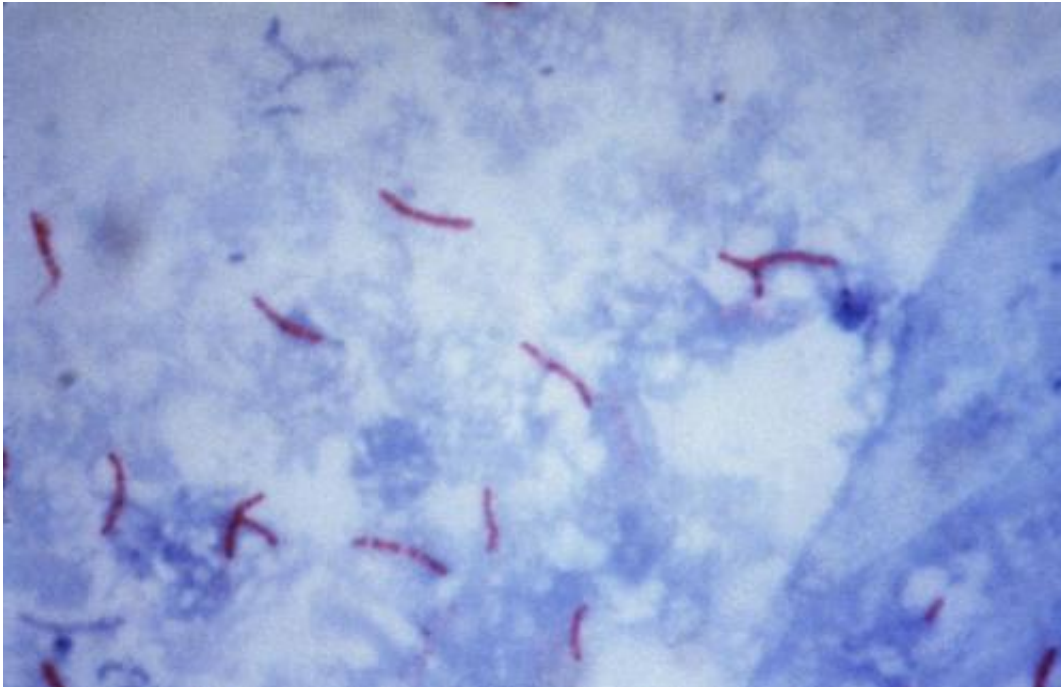


Giant rats sniff out TB in Mozambique

March 24 2015



This photomicrograph reveals Mycobacterium tuberculosis bacteria using acid-fast Ziehl-Neelsen stain; Magnified 1000 X. The acid-fast stains depend on the ability of mycobacteria to retain dye when treated with mineral acid or an acid-alcohol solution such as the Ziehl-Neelsen, or the Kinyoun stains that are carbolfuchsin methods specific for M. tuberculosis. Credit: public domain

Giant rats may strike fear and disgust into the hearts of homeowners worldwide, but researchers in impoverished Mozambique are improbably turning some of them into heroes.

At Eduardo Mondlane University in the capital Maputo, nine giant [rats](#)

are busy at work—sniffing out [tuberculosis](#)-causing bacteria from rows of sputum samples.

These are no ordinary rats, as they have undergone six months of training in Tanzania. Their most distinguishing asset is their impeccable sense of smell.

Placed inside a glass cage, a rat darts from sample to sample, then stops or rubs its legs, indicating that a sample is infected with a TB causing bacteria.

Once the task is complete, it is given a treat through a syringe for a job well done.

"Within 30 minutes, the rat can test close to a hundred samples, which normally takes a laboratory technician four days," said Emilio Valverde, TB program director at APOPO, the organisation leading the research.

The project, which started in February 2013, has brought hope to thousands of TB sufferers who sometimes receive false results and test negative using the standard laboratory system.

In 2006, tuberculosis was declared a national emergency in Mozambique, with 60,000 people in 2014 said to be infected, according to the ministry of health.

That number was a 10 percent increase from 2013.

Samples delivered to the university for testing are collected from 15 health centres across Maputo.

Rats in training

Belgian group APOPO is planning to expand the program to other parts of the country, while working on getting the system approved by the World Health Organization.

The organisation claims rat testing is more cost effective than other conventional methods.

Each rat costs around \$6,700 to \$8,000 to train, with a six-to-eight-year life span.

The cost is lower compared to rapid diagnostic test GeneXpert, which costs up to \$17,000 per device, setting the state back between \$10 and \$17 per test.

The kitten-size rats are also used by APOPO to detect landmines by sniffing out explosives.

They are light enough to cross terrain without triggering the mines, and are followed by de-mining experts who reward the rats with bananas.

The rats weigh up to 1.5 pounds and are said to be "easier to catch and train"—according to Valverde.

Samples pointed out by the rats to contain TB bacteria are then sent for further tests using fluorescence microscopy, a more sensitive laboratory technique.

The results are sent back to health centres, allowing patients to start treatment early.

Although TB is a treatable disease, in underdeveloped countries like Mozambique it can be deadly if left untreated and is particularly harmful to people living with HIV.

Mozambique is one of the countries worst affected by TB and 1 in 10 adults is HIV-positive.

With World Tuberculosis Day being marked on Tuesday, the Mozambican Ministry of Health said it was cautiously monitoring the APOPO work.

"This technique has to be compared to others that are available and already WHO approved, such as GeneXpert or LED microscope," said Ivan Manhica, who heads the national programme for tuberculosis at the health ministry.

According to the WHO, TB killed 1.5 million people in 2013.

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