

# Psychosocial phone counseling aids cervical cancer survivors

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(HealthDay)—A psychosocial telephone counseling (PTC) intervention can be beneficial for cervical cancer survivors, according to a study published online Feb. 23 in the *Journal of Clinical Oncology*.

Lari Wenzel, Ph.D., from the University of California at Irvine, and colleagues examined the effect of a PTC intervention on quality of life (QOL) in 204 survivors of [cervical cancer](#) who were at least nine and less than 30 months from diagnosis. Participants (mean age, 43 years; 40 percent Hispanic, 51 percent non-Hispanic white) were randomized to PTC, which included five weekly sessions and a one-month booster, or usual care (UC).

The researchers found that, compared with UC participants, those

receiving PTC had significantly improved depression and improved gynecologic and cancer-specific concerns at four months (all P months (P

"This trial confirms that PTC benefits mood and QOL cancer-specific and gynecologic concerns for a multiethnic underserved population of survivors of cancer," the authors write.

**More information:** [Abstract](#)  
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