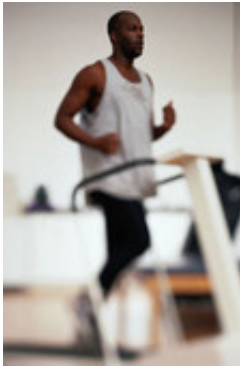


Only high exercise levels tied to better erectile, sexual function

April 13 2015



(HealthDay)—High weekly exercise levels are tied to better erectile/sexual function in men, whereas exercise at lower levels is not, according to a study published online March 20 in the *Journal of Sexual Medicine*.

Ross M. Simon, M.D., from the Duke University School of Medicine in Durham, N.C., and [colleagues](#) utilized self-reported questionnaires to assess exercise and erectile/sexual function in 295 healthy participants. Exercise was characterized as sedentary (

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