

Scientists make major breakthrough in understanding the 'unnoticed' senses

April 2 2015



Movement detecting nerve endings in a muscle, where whirlin is needed to keep them sensitive.

Researchers at the University of Aberdeen have taken a step closer to understanding the nerve endings which report touch and movement to the brain - which could potentially be a powerful new drug target and save many lives in the future.



Sensing movement, stretch and touch play a vital role in our day-to-day life but go largely unnoticed or unappreciated – until they begin to go wrong.

Of all the senses - taste, smell, sight, touch, hearing, heat/cold and pain - the senses reporting touch and movement are the least understood. Yet detecting movement is hugely important for hearing, balance, moving properly and even controlling our <u>blood pressure</u>.

Scientists from the Universities of Aberdeen and Columbia, New York have now discovered that a protein called Whirlin, which is essential to avoid a severe genetic deafness in children called Usher's Syndrome, is also in the nerve endings which detect movement, and its absence also damages the ability to feel our limb and muscle moving.

The collaboration between Dr Guy Bewick from the University's Institute of Medical Sciences, and Dr Joriene de Nooij and Prof Tom Jessell from a world leading neuroscience lab at Columbia University, New York, hope their findings could eventually lead to a breakthrough in developing treatments for not only Usher's Syndrome but even high blood pressure (hypertension), the world's leading cause of heart disease, kidney failure and stroke.

Dr Bewick said: "While we still don't know what molecules first detect movement, our recent discovery gives science an important new opportunity to identify these molecules.

"As we already know, when whirlin is defective it causes the devastating illness Usher's Syndrome. Our new findings show that whirlin is also in nerve endings that detect movement but as it is actually placed totally within the nerve endings it cannot be the first link in the chain of detecting movement. But, crucially it has lots of 'sticky' regions on it which stick all the molecules involved together as an efficient unit. This



is why movement detection is much worse without it.

"Therefore, we now plan to use undamaged whirlin as a 'sticky' hook to fish out all the molecules in this unit. This should lead to the discovery of the vital and so far mysterious movement detector molecule."

This builds upon previous research conducted by Dr Bewick starting in 2005, which found how the sensitivity of these <u>nerve endings</u> are controlled – by a powerful signal, like a volume control, that can turn <u>movement</u> detector nerve sensitivity up and down.

Dr Bewick continued: "We are developing ways to target this 'volume control' with drugs as this can be useful for treating several conditions, including spasticity after brain and spinal cord injury. Also, we know that making stretch-sensitive endings in our arteries (blood vessels) that detect blood pressure more sensitive can bring our blood pressure down. If we can find drugs to turn up the volume control, making the stretchdetectors more sensitive, the body will be much better able to turn the blood pressure down, even in people resistant to current high blood pressure (hypertension) drugs.

"Since hypertension is the major cause of <u>heart disease</u>, stroke and <u>kidney failure</u>, and common treatments are often not effective enough, developing new drugs could potentially save many lives."

The findings are published in the Journal of Neuroscience.

Provided by University of Aberdeen

Citation: Scientists make major breakthrough in understanding the 'unnoticed' senses (2015, April 2) retrieved 17 July 2024 from <u>https://medicalxpress.com/news/2015-04-scientists-major-breakthrough-unnoticed.html</u>



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