

ACOG: Pregnant women may believe E-cigarettes OK

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(HealthDay)—More than 40 percent of pregnant women surveyed think electronic cigarettes are less harmful than tobacco cigarettes, according to a new study. The results of the study are scheduled to be presented at the annual meeting of the American College of Obstetricians and Gynecologists, held from May 2 to 6 in San Francisco.

The research team—led by Katrina Schafer Mark, M.D., of the University of Maryland in Baltimore—surveyed 316 [pregnant women](#) visiting a university-based outpatient obstetrics and gynecology clinic in Baltimore.

Only 57 percent of the women believed that e-cigarettes contain nicotine. And fewer than two-thirds of the women thought that e-cigarettes could be addictive. The researchers also found that among the

women in the study, 13 percent had ever tried e-cigarettes. Nearly three-quarters of the women who had tried e-cigarettes believed they were less harmful than tobacco. In addition, most of these women also said that e-cigarettes could help them stop smoking.

"All nicotine use during pregnancy should be avoided, whether the source be cigarettes, e-cigarettes, or nicotine replacement therapy products like [nicotine gum](#) and patches. Indeed, studies have shown that [nicotine replacement therapy](#) use by pregnant women is tied to low birth weight and preterm birth," Gregory Conley, president of the American Vaping Association, told *HealthDay*.

More information: [More Information](#)

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