

Review: Fecal transplants effective weapon against *C. dif*

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(HealthDay)—Fecal transplantation appears to be a safe and effective way to combat *Clostridium difficile* (*C. difficile*) infection, according to a new review published in the May 5 issue of the *Annals of Internal Medicine*.

The researchers looked at the findings of two randomized, controlled trials as well as 33 uncontrolled case reports involving 516 *C. difficile* fecal transplant patients.

The team found that in recurrent infections caused by *C. difficile*, the intervention is successful 85 percent of the time. Fecal transplants also helped 55 percent of patients for whom standard drug treatments didn't

work.

The conclusion: Fecal transplantation appeared to be effective while prompting few short-term side effects. But the investigators cautioned that the available data is "low-strength." They also said there isn't enough evidence for drafting guidelines regarding how to determine ideal donor candidates, how to identify ideal fecal-preparation methods, or how best to deliver the sourced stool to patients.

More information: [Full Text \(subscription or payment may be required\)](#)

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