

Proteinuria level predicts renal outcome in lupus nephritis

May 6 2015



(HealthDay)—Proteinuria levels at 12 months are the best predictor of long-term renal outcome in patients with lupus nephritis, according to a study published in the May issue of *Arthritis & Rheumatology*.

Maria Dall'Era, M.D., from the University of California in San Francisco, and colleagues analyzed data from the Euro-Lupus Nephritis Trial to evaluate the performance of proteinuria, [serum creatinine](#) (Cr), and urinary red blood cells (RBCs) as predictors of good long-term renal outcome (defined as a serum Cr value ≤ 1.0 mg/dL) in patients with [lupus nephritis](#). Seventy-six [patients](#) were followed for a minimum of seven years.

The researchers found that a proteinuria value of

Citation: Proteinuria level predicts renal outcome in lupus nephritis (2015, May 6) retrieved 25 April 2024 from

<https://medicalxpress.com/news/2015-05-proteinuria-renal-outcome-lupus-nephritis.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.