

# siRNA-toting nanoparticles inhibit breast cancer metastasis

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Mammograms showing a normal breast (left) and a breast with cancer (right).  
Credit: Public Domain

Researchers at Case Western Reserve University combined finely crafted nanoparticles with one of nature's potent disrupters to prevent the spread of triple-negative breast cancer in mouse models.

The highly aggressive cancer subtype is difficult to manage and, currently, the FDA has no approved targeted treatments. But striking

results from a new study, published in the journal *Cancer Research* make the researchers optimistic they have a potential game-changer for triple negative cancer and more.

"There are multiple targets within a cell," said William Schiemann, professor of oncology at the Case Western Reserve School of Medicine and the Case Comprehensive Cancer Center, and a leader of the research. "With this technology, we can target any gene or any location, for other cancers, more diseases—potentially even immunology-based diseases."

Regular injections of nanoparticles carrying siRNA silenced the gene that regulates expression of the protein  $\beta 3$  integrin. Expression of  $\beta 3$  integrin in the cell-development process called the endothelial-mesenchymal transition (EMT), is essential for the cancer to spread from its primary tumor.

Nearly 15 percent of breast cancers in the United States are triple negative, and the subtype is most prevalent among African-American women in their 20s and 30s

According to the National Cancer Institute, the five-year survival rate for women whose cancer is discovered early and contained to a [primary tumor](#) is 98 percent. But, the survival rate for those diagnosed with distant metastases plummets to less than 25 percent.

To try to tackle metastasis, Schiemann teamed with Zheng-Rong Lu, the M. Frank and Margaret Domiter Rudy Professor of Biomedical Engineering at Case Western Reserve, Jenny Parvani, now a postdoctoral investigator, PhD student Maneesh Gujrati and undergraduate student Margaret Mack.

Lu's lab has been developing lipid-based nanoparticles to deliver

medicines to specific targets in the body for a decade. Lipids include fats and oils, but these organic molecules are also building blocks in cell structures and functions.

Schieman's lab investigates ways to manipulate the EMT process. He suggested they target the  $\beta 3$  integrin gene with siRNA, short for small interfering RNA or silencing RNA.

The nanoparticle, which Lu labeled ECO, navigates a number of roadblocks. It crosses the blood-brain barrier, which is key to effective therapy. Metastatic cells from this type of cancer often lodge in the brain.

ECO withstands degradation and remains cloaked from the body's immune system while circulating in the blood. ECO induces endosomes to wrap and transport it inside a cancer cell. The particle's makeup prevents entrapment in the endosomal membrane and digestion by enzyme-packed lysosomes.

The [nanoparticles](#) are coated with RGD peptide that draws them to the gene that controls expression of  $\beta 3$  integrin. When attached to the gene, TGF- $\beta$ , the nanoparticle releases siRNA, which jams the machinery.

The study adds to growing evidence that a lack of  $\beta 3$  integrin stops production of migrating cancer cells.

In this study, five mice with a mouse version of [triple-negative breast cancer](#) were injected with particles every five days for 14 weeks. Compared to control mice, the treated mice's tumors shrunk significantly, but more importantly, the treatment significantly inhibited metastasis.

Five mice with human triple-negative [breast cancer](#) received the same

treatment, which produced the same results.

"The results were really, really surprising," Lu said.

"I was shocked, actually," Schiemann said. "We can do most anything invitro in the lab, but to do this in the live body of a mouse is a huge hurdle to clear."

Four weeks after treatment was stopped, the treated mice remained tumor free while [cancer](#) continued to grow in untreated controls.

No significant difference in body weight across treatment groups and controls were found, indicating low toxicity of the treatments.

The researchers are further testing whether the delivery system is safe and seeking grants for dosing experiments and other steps toward clinical trials.

"We're also looking at different genes, different therapies and more delivery platforms," Lu said.

Provided by Case Western Reserve University

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