

Statins don't reduce psoriasis risk

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(HealthDay)—Statin use does not lower the risk of psoriasis, according to a study published online April 20 in the *British Journal of Dermatology*.

Gabriel Chodick, Ph.D., from Tel Aviv University in Israel, and colleagues analyzed data from 205,820 [health plan](#) enrollees (mean age 55 years; 54.1 percent female) who initiated [statin treatment](#) from January 1998 through September 2009. Over a mean of 6.2 years of follow-up, adherence with [statins](#), measured by proportion of days covered (PDC) and diagnosis codes of psoriasis, were assessed.

The researchers found that a total of 5,615 psoriasis cases (incidence density, 4.4 per 1,000 person-years) were identified. Patients covered with statins for 40 to 59 percent of the time had a significantly ($P < 0.05$) lower risk of psoriasis, with hazard ratios (HRs) of 0.84 and 0.74 among males and females, respectively, compared with non-adherent

patients (PDC of

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