

# Confetti-like depigmentation may predict vitiligo progression

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Photo courtesy: James Heilman, MD

(HealthDay)—Confetti-like depigmentation may be a marker of rapidly progressing vitiligo, according to a review published in the August issue of the *Journal of the American Academy of Dermatology*.

Juan Jesús Sosa, from the University of Texas Southwestern Medical Center in Dallas, and colleagues reviewed the medical records and images of seven patients (12 images) from a vitiligo registry. Three independent reviewers assessed the data. In an additional cohort of patients with confetti-like lesions, the Vitiligo Disease Activity Score and the Koebner Phenomenon in Vitiligo Score were compared to the scores of patients who had vitiligo without confetti-like lesions.

The researchers found that the mean percentage of depigmentation increased from 19.2 percent at baseline to 43.9 percent at an average of

16 weeks of follow-up. Additionally, the Vitiligo Disease Activity Score and Koebner Phenomenon in Vitiligo Score were significantly higher in the patients with confetti-like lesions compared to those without confetti-like lesions.

"A confetti-like pattern of depigmentation may be a negative prognostic indicator for [patients](#) with rapidly progressing [vitiligo](#)," the authors write.

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