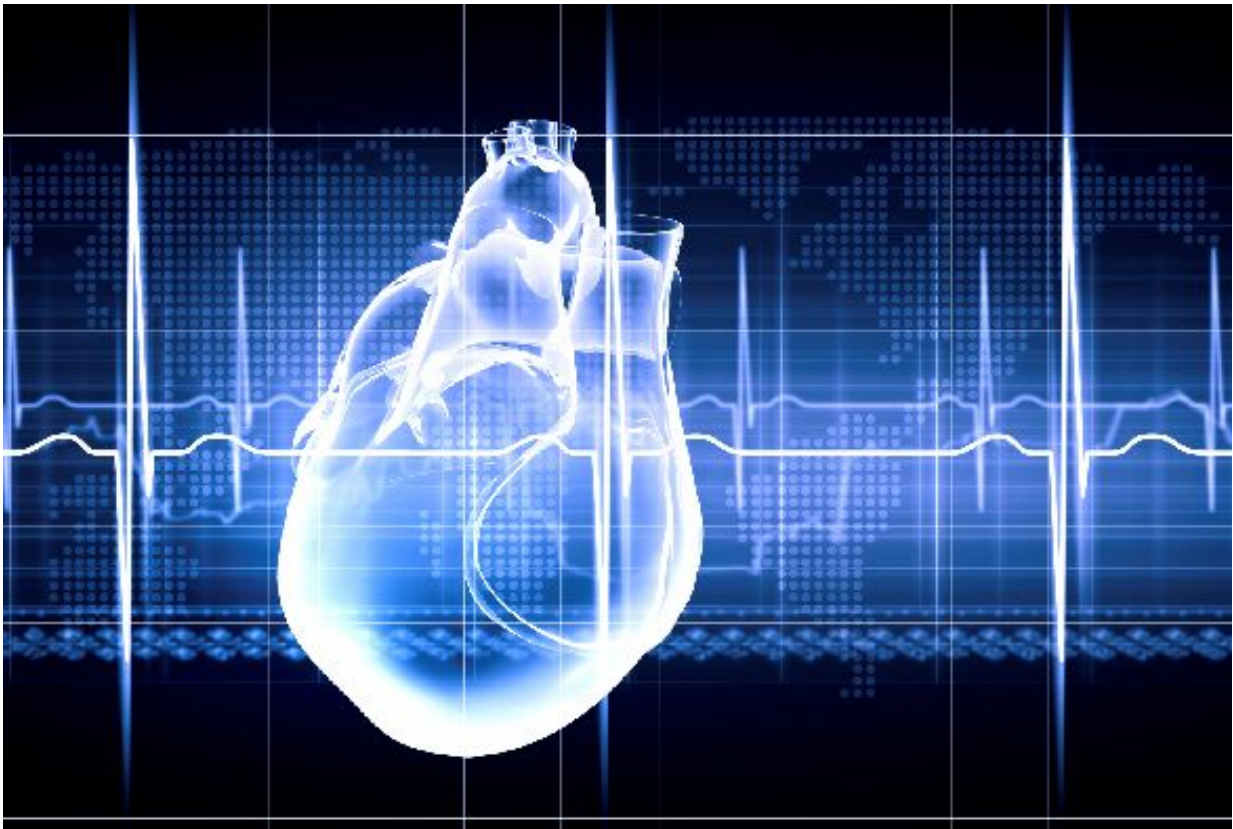


Researchers identify cause of heart damage in sepsis patients

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Researchers at the University of Liverpool's Institute of Infection and Global Health (IGH) have discovered a common cause of heart damage in patients with sepsis.

Sepsis is the most common cause of death in hospitalised critically ill people and affects up to 18 million people world-wide annually.

The electrical and mechanical malfunctions of the heart have been poorly understood in sepsis, with underdeveloped clinical management strategies, as a consequence. This new discovery, however, promises to benefit a high number of [patients](#) with heart failure or rhythm abnormalities that complicate sepsis.

Extensive cell damage

The team discovered that nuclear proteins, called histones, induce damage to [heart muscle cells](#) when released into the blood circulation following extensive cell damage in sepsis.

Blood levels of histones, however, are robust biomarkers that can predict which patients are more likely to develop heart complications.

Dr Yasir Alhamdi, from the University's Institute of Infection and Global Health, said: "This [new discovery](#) has important clinical implications. Firstly, we now provide a much-needed explanation for why cardiac injury markers are high in sepsis.

"Secondly, histone levels in the blood can potentially be used at an early stage to predict which septic patients are at highest risk of developing deadly heart complications. This can improve overall management of patients with sepsis worldwide."

Toxic effects

The research team has also developed and tested specific antibodies that can directly neutralise the toxic effects of histones in the [blood](#)

[circulation](#) and found that their use can significantly prevent the development of heart complications in sepsis.

Professor Cheng-Hock Toh, from the University's Institute of Infection and Global Health, said: "The translational impact to patients with sepsis can extend beyond biomarker prediction of [heart complications](#), to novel targeted treatment for improved survival.

"This discovery could therefore enable us to better stratify patients for more precise and personalised treatment in sepsis."

The study was funded by the British Heart Foundation (BHF) and the National Institute of Health Research (NIHR). The paper, 'Circulating histones are major mediators of cardiac injury in patients with [sepsis](#),' is published in the journal *Critical Care Medicine*.

More information: "Circulating Histones Are Major Mediators of Cardiac Injury in Patients With Sepsis." *Crit Care Med*. 2015 Jun 26. www.ncbi.nlm.nih.gov/pubmed/26121070

Provided by University of Liverpool

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