

AAD issues second set of Choosing Wisely recommendations

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(HealthDay)—The American Academy of Dermatology (AAD) has published a second list of recommendations regarding dermatologic tests and treatments that are not always necessary.

A workgroup composed of board-certified dermatologists selected items with the greatest potential for overuse/misuse and a need for [quality improvement](#). The recommendations were supported by strong evidence-based research.

The new AAD *Choosing Wisely* [recommendations](#) include: (1) not using [systemic corticosteroids](#) as a long-term treatment for dermatitis; (2) not using skin prick tests or blood tests for routine eczema evaluation; (3) not using microbiologic testing in the assessment and management of

acne; (4) not routinely using antibiotics to treat bilateral swelling and redness of the lower leg, unless clear evidence of infection is seen; and (5) not routinely prescribing antibiotics for inflamed epidermal cysts.

"The American Academy of Dermatology and its members are committed to serving as good stewards of limited health care resources, and we want to empower our patients to make informed health care decisions," Mark Lebwohl, M.D., president of the Academy, said in a statement. "By identifying procedures that may not be necessary, the Academy's new *Choosing Wisely* list can help patients with skin, hair, and nail conditions start a conversation with their dermatologist about what tests and treatments are right for them."

More information: [More Information](#)

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