

Projected benefits of high BP treatment in China

August 4 2015

An expanded program of treatment for hypertension could prevent about 800,000 cardiovascular disease (CVD) events every year in China, according to a modeling study published this week in *PLOS Medicine*. The predictions of this simulation, reported by Andrew Moran of Columbia University and colleagues, indicate that such a program should also be borderline cost-effective, provided low cost essential anti-hypertensive drugs are used.

Hypertension is the leading [cardiovascular risk factor](#) in China, the world's most populous country. About 325 million adults in China have [hypertension](#) but less than half are aware of their condition, only 34% of Chinese adults with hypertension are treated with anti-hypertensive drugs, and only 28% of treated individuals achieve the target blood pressure of

Citation: Projected benefits of high BP treatment in China (2015, August 4) retrieved 19 April 2024 from <https://medicalxpress.com/news/2015-08-benefits-high-bp-treatment-china.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--