

## **Projected benefits of high BP treatment in China**

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An expanded program of treatment for hypertension could prevent about 800,000 cardiovascular disease (CVD) events every year in China, according to a modeling study published this week in *PLOS Medicine*. The predictions of this simulation, reported by Andrew Moran of Columbia University and colleagues, indicate that such a program should also be borderline cost-effective, provided low cost essential anti-hypertensive drugs are used.

Hypertension is the leading <u>cardiovascular risk factor</u> in China, the world's most populous country. About 325 million adults in China have <u>hypertension</u> but less than half are aware of their condition, only 34% of Chinese adults with hypertension are treated with anti-hypertensive drugs, and only 28% of treated individuals achieve the target blood pressure of

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