

To what extent are condoms responsible for erection difficulties?

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Image: Wikipedia

Research indicates that the use of condoms may cause some men to experience erection difficulties. However, in a study of 479 heterosexual men who used condoms and were 18 to 24 years old, those who reported condom-associated erection problems were also more likely to experience more generalized erection difficulties. Investigators also found that more than one-third of participants had never been taught how to use a condom correctly.

Clinicians should assess whether men using condoms experience condomassociated erection problems and where appropriate, make referrals for psychosexual therapy or provide educational information on condom



use.

"Condom-associated erection problems have been a very underresearched topic. Increasing evidence suggests, however, that they may influence whether <u>condoms</u> are used correctly or from start to finish of sex," said Dr. Cynthia Graham, co-author of The *Journal of Sexual Medicine* study.

More information: "General Erectile Functioning among Young, Heterosexual Men Who Do and Do Not Report Condom-Associated Erection Problems (CAEP)." The *Journal of Sexual Medicine* DOI: <u>10.1111/jsm.12964</u>

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