

Oral contraceptives may impact aspects of arthritis in women

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This is a hand afflicted by rheumatoid arthritis. Credit: The University of Manchester

New research indicates that use of oral contraceptives may provide benefits for women with inflammatory arthritis.

Among 273 women with early [inflammatory arthritis](#), women who had used [oral contraceptives](#) in the past and those who were currently using them reported fewer problems related to how well they can function,

their mood, and how active their disease is.

The findings are published in *Arthritis Care & Research*.

More information: *Arthritis Care & Research*, [DOI: 10.1002/acr.22667](https://doi.org/10.1002/acr.22667)

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