

Obama says US will tackle prescription drug abuse

October 21 2015, by Kathleen Hennessey



President Obama hugs Cary Dixon, a mother of a family member struggling with addiction, after an event at the East End Family Resource Center in Charleston, W.Va., Wednesday, Oct. 21, 2015. Obama was in Charleston to to host a community discussion on the prescription drug abuse and heroin epidemic. (AP

Photo/Steve Helber)

Traveling to a region in the throes of a drug abuse crisis, President Barack Obama promised Wednesday to use his bully pulpit and federal programs to try to combat the "epidemic" of heroin use and prescription painkiller abuse that is upending communities across the U.S.

"This crisis is taking lives; it's destroying families and shattering communities all across the country," Obama said at a panel discussion on opioid [drug abuse](#). "That's the thing about substance abuse; it doesn't discriminate. It touches everybody."

On stage at a crowded community center, Obama heard from advocates, [health care workers](#), [law enforcement officials](#) and policy makers about the depth of a problem that has long simmered at the state level but just recently risen to the national political stage.

Charleston Police Chief Brent Webster said his officers deal with a "community of zombies walking around" in need of treatment. A father of five daughters described what it was like to find one of them had overdosed, a needle hanging from her arm.

Obama said the stories reminded him of his teenage daughters and his own rebellious teen years.

"I did some ... stuff," he noted, referencing his drug use as a teenager. "And there but for the grace of God."

West Virginia has the highest rate of [overdose deaths](#) in the U.S.—more than twice the national average, according to a report by the Trust for America's Health and the Robert Wood Johnson Foundation.

State officials say the problem is damaging the economy, depressing the workforce and overwhelming social services.



President Barack Obama and Sen. Joe Manchin, D-W.Va. walk down the stairs of Air Force One upon their arrival at McLaughlin Air National Guard Base, Wednesday, Oct. 21, 2015. Obama is in Charleston, W.Va., to lead a community discussion on prescription drug abuse and heroin epidemic. (AP Photo/Pablo Martinez Monsivais)

Obama's trip was briefly delayed by Vice President Joe Biden's announcement from the White House Rose Garden that he would not to seek the presidency. The news threatened to overshadow Obama's attempt to throw a national spotlight on the drug issue, but his visit was

closely watched in West Virginia, a state where his energy policies have made him deeply unpopular.

Obama stressed that the drug abuse problem is a national one.

A Centers for Disease Control and Prevention report released in July found the number of people who reported using heroin within the past year had nearly doubled from 2002 to 2013. Heroin use was up among nearly all demographic groups, but showed particular spikes among women and non-Latino whites.

Researchers say two factors are driving the trend: the rise in abuse of opioid painkillers—drugs that are often a precursor to heroin—and the increasing availability of cheap heroin.

Researchers found that most users reported using at least one other drug in combination with heroin, which contributes to high overdose rates. Between 2002 and 2013, the rate of heroin-related overdose deaths nearly quadrupled, and more than 8,200 people—by some estimates, one in every 50 addicts—died in 2013, according to the CDC.

Experts say too few prescription drug [health care providers](#) are properly trained to safely prescribe painkillers, while access to medication-assisted treatment for addicts is too difficult.

Before leaving the White House, Obama ordered federal agencies that employ [health care](#) providers to offer training on prescribing painkillers. He also ordered them to review their health insurance plans and address policies that might prevent patients from receiving medication as part of their treatment.

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