

## Aetna offers targeted health plans for diabetes care

November 21 2015

---



(HealthDay)—Aetna is offering targeted diabetes plans, which include low copays for specialists that patients with diabetes need, as well as free supplies and a care management program, according to a report published by *Kaiser Health News*.

The plans will be offered in four regions next year and are specifically tailored to the needs of patients with diabetes. They feature \$10 copays for specialists relevant to patients with diabetes, such as endocrinologists, ophthalmologists, and podiatrists; free blood glucose test strips, [glucose monitors](#), and other supplies; a care management program with [online tools](#) and coaching; and [financial incentives](#) for certain health behaviors.

The plans are part of a new line of plans offered by Aetna, called leap

plans, which, according to Aetna, will be simpler to use and will have more customer service. It is unclear whether the plans are actually better for patients with diabetes; the decreased rates for specialist visits are only for diabetes-related visits, and coverage for medications is no different than in other gold plans.

Aetna is debuting the diabetes [plans](#) next year in Charlotte, N.C., Phoenix, Northern Virginia, and southeastern Pennsylvania, according to the article.

**More information:** [More Information](#)

Copyright © 2015 [HealthDay](#). All rights reserved.

Citation: Aetna offers targeted health plans for diabetes care (2015, November 21) retrieved 25 April 2024 from <https://medicalxpress.com/news/2015-11-aetna-health-diabetes.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--