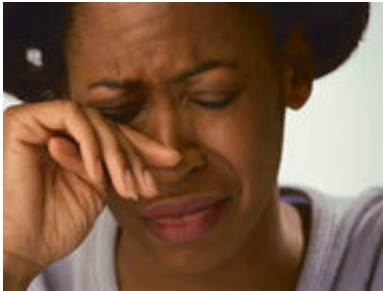


Comorbid stress, depressive symptoms common in diabetes

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(HealthDay)—For individuals with diabetes, comorbid stress and/or depressive symptoms are common and increase risks for adverse cardiovascular (CV) outcomes, according to a study published online Nov. 17 in *Diabetes Care*.

Doyle M. Cummings, Pharm.D., from East Carolina University in Greenville, N.C., and colleagues examined the correlation between baseline [depressive symptoms](#) and/or stress in adults with and without [diabetes](#) and physician-adjudicated incident CV outcome. Data were included for 22,003 adults (4,090 with diabetes) who were followed for a median of 5.95 years.

The researchers found that [subjects](#) with diabetes more often had elevated stress and/or depressive symptoms (36.8 versus 29.5 percent; P

"These findings demonstrate the persistent disparities and negative CV impact of these comorbidities at the population level and suggest the need for more careful integration of behavioral screening and management in primary care settings," the authors write.

More information: [Abstract](#)
[Full Text \(subscription or payment may be required\)](#)

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