

In plastic surgery, complications highest for abdominoplasty

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(HealthDay)—Abdominoplasty is linked with more major complications than other types of cosmetic surgery, researchers report in the November issue of *Plastic and Reconstructive Surgery*.

For the study, researchers analyzed data from 2008 to 2013 from an insurance program that covers <u>cosmetic surgery</u> complications.

Major complications occurred in 4 percent of abdominoplasties, compared with 1.4 percent of other types of cosmetic surgery. Most common major complications were hematoma, infection, <u>venous</u> thromboembolism, and pulmonary dysfunction. The risk of major complications was 50 percent higher when patients had other <u>cosmetic</u> <u>procedures</u> at the same time. Those who were male, obese, or aged 55 or older were also at increased risk. The risk was lower if the procedure



was performed in an office-based surgical suite rather than in a hospital or surgical center.

"Although the overall incidence of major complications is low, such complications can result in a potentially devastating cosmetic outcome and pose a significant financial burden on the patient and surgeon," the authors write.

More information: Full Text

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