

Reduction in dizziness, not falls, after routine cataract surgery

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(HealthDay)—Cataract surgery is associated with a reduction in the number of patients with dizziness, but not with a decrease in falls, according to a study published online Nov. 9 in *Ophthalmic & Physiological Optics*.

Elvira Supuk, from the University of Bradford in the United Kingdom, and colleagues examined whether dizziness and fall rates change due to routine cataract surgery. Self-reported dizziness and falls were assessed in 287 [patients](#) before and after routine cataract surgery.

The researchers observed a significant reduction in the number of patients with dizziness after cataract surgery (52 versus 38 percent; P number of patients who fell in the six months after surgery (23 versus 20 percent; $P = 0.35$). There were improvements in dizziness after first eye

surgery (49 versus 33 percent; $P = 0.01$) and surgery on both eyes (58 versus 35 percent; P

"Dizziness is significantly reduced by first (or both) eye cataract [surgery](#) and this is linked with improvements in best eye visual acuity, although changes in oblique astigmatic correction increased [dizziness](#)," the authors write.

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