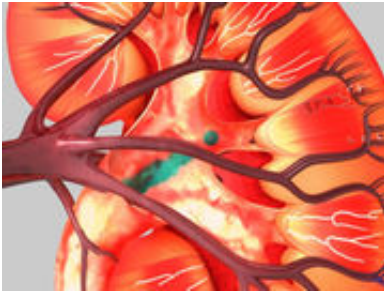


Plant-based diets linked to lower mortality in CKD

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(HealthDay)—A diet high in plant protein intake is associated with lower all-cause mortality in individuals with chronic kidney disease (CKD), according to research published online Dec. 10 in the *American Journal of Kidney Disease*.

Xiaorui Chen, of the University of Utah in Salt Lake City, and colleagues conducted an observational study using dietary recall and [mortality data](#) for 14,866 participants (aged 20 years or older) in the NHANES III to examine the association between plant protein intake and all-cause mortality. Patients were stratified according to estimated [glomerular filtration rate](#) (eGFR)

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