

## Man dies after taking part in botched French clinical trial

January 17 2016, by Angela Charlton



French Health Minister Marisol Touraine, left, and Professor Gilles Edan, the chief neuroscientist at Rennes Hospital, address the media during a press conference held in Rennes, western France, Friday, Jan. 15, 2016. Six previously healthy medical volunteers have been hospitalized—including one man who is now brain dead—after taking part in a botched drug test at the Biotrial lab in western France, the French Health Ministry said Friday. (AP Photo/David Vincent)

## A man died in a French hospital Sunday after taking part in an



experimental drug trial for a painkiller, and five other participants remain hospitalized after one of France's most troubling medical incidents.

French prosecutors have launched a manslaughter investigation into the unusual case, which shined a spotlight on the practice of testing drugs on paid, healthy human volunteers. Scores of others were also given the <u>drug</u>.

The Portuguese pharmaceutical company testing the drug, Bial, said in a statement that it's working with <u>health authorities</u> to determine what caused "this tragic and unfortunate situation."

The Rennes University Hospital in western France announced the death in a statement, but didn't identify the patient, who had already been in a state of brain death.

He was among six male volunteers between 28 and 49 hospitalized last week after volunteering to take the drug. French health authorities have said three of the hospitalized volunteers face possible brain damage.

The Paris prosecutor's office said the investigation was expanded after the death to include potential manslaughter charges.

The trial, which began Jan. 7, involved 90 healthy volunteers who were given the experimental drug in varying doses at different times.

The hospital said it has contacted the 84 other volunteers exposed to the new painkiller. Ten of those volunteers underwent medical exams Saturday, but the hospital found no anomalies, the statement says. It said another five will have medical exams closer to their homes, but didn't say whether the others are being monitored or tested.



The drug was given orally to healthy volunteers as part of a Phase 1 trial by Biotrial, a drug evaluation company based in Rennes, on behalf of Bial.

Health Minister Marisol Touraine said that in addition to treating pain, the drug was intended to ease mood and anxiety troubles as well as motor problems linked to neurodegenerative illnesses by acting on the endocannabinoid system. In this system, natural brain compounds act on specific receptors to exert their effects. Touraine said the drug was not based on marijuana or cannabis, as some reported.

Bial said clinical trials started last June following toxicology tests and that 108 <u>healthy people</u> had already taken part in trials with no moderate or serious reactions.

It's rare for <u>volunteers</u> to fall seriously ill during Phase 1 trials, which study safe usage, side effects and other measures on <u>healthy volunteers</u>, rather than drug effectiveness.

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