

# Fat repositioning in lower blepharoplasty effective

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(HealthDay)—The fat repositioning technique in lower blepharoplasty

improves pseudofat herniation and adds volume to the lower periorbital and cheek areas, according to research published online Feb. 4 in *JAMA Facial Plastic Surgery*.

Timothy R. Miller, M.D., from Refreshed Aesthetic Surgery in Aliso Viejo, Calif., retrospectively reviewed the medical charts of 10 private practice patients who underwent lower blepharoplasty performed using the fat repositioning technique (with a minimum of 10 months follow-up).

Miller found that, overall, the patients had volume gain in the evaluated areas of the upper cheek. The average volume gain was 0.64 mL, with no statistical difference between the two sides.

"The fat repositioning technique in lower blepharoplasty improves pseudofat herniation while simultaneously adding volume to the lower periorbital and cheek areas," Miller writes. "The results are reproducible with long-term aesthetic improvement in the tear trough and upper cheek areas."

**More information:** [Abstract](#)  
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