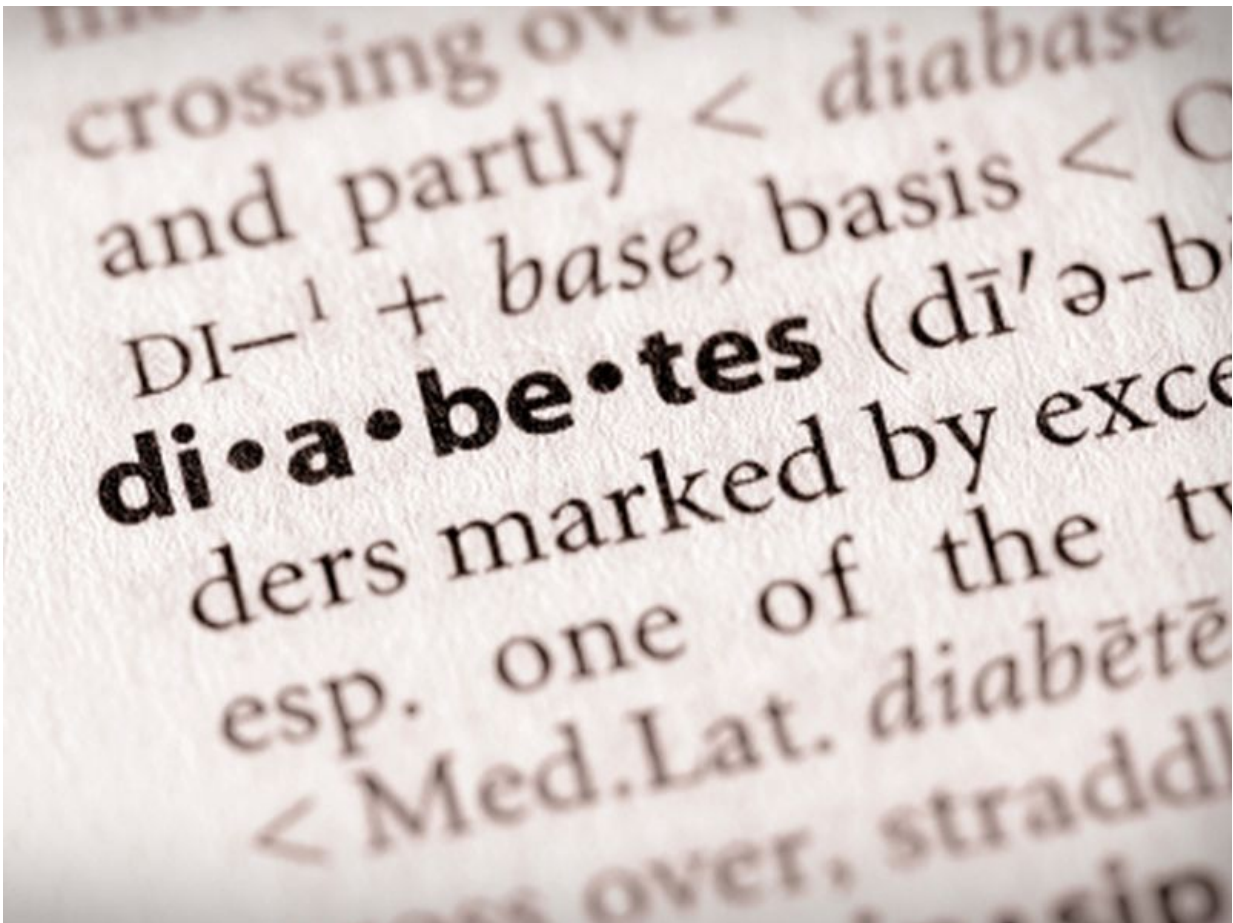


## ADA issues recs for management of diabetes in primary care

March 3 2016

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(HealthDay)—New recommendations have been developed for diabetes,

focusing on areas of importance for primary care providers. The clinical guideline was published online March 1 in the *Annals of Internal Medicine*.

James J. Chamberlain, M.D., from St. Mark's Hospital and St. Mark's Diabetes Center in Salt Lake City, and colleagues conducted a systematic review to revise or clarify recommendations for [diabetes](#) diagnosis and management for primary care providers, based on new evidence. The recommendations were rated and reviewed, and approved by the American Diabetes Association (ADA) Board of Directors. Feedback from the larger clinical community was incorporated.

The researchers summarized the ADA standards in eight areas of importance to primary care providers: diagnosis, glycemic targets, medical management, hypoglycemia, cardiovascular risk factor management, microvascular disease screening and management, and inpatient diabetes management. An individualized approach was recommended for each area, with self-monitoring emphasized as a key component of care.

"The synopsis focuses on eight key areas that are important to [primary care](#) providers," the authors write. "The recommendations highlight individualized care to manage the disease, prevent or delay complications, and improve outcomes."

Two authors disclosed financial ties to the pharmaceutical industry.

**More information:** [Full Text](#)

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