

Study: Amateur football hits linked to later-life difficulty

March 31 2016, by Jimmy Golen

A preliminary study by Boston University researchers shows a link between the number of hits a player takes in youth, high school and college football and the development of cognitive difficulties as an adult.

The authors warn that more research is needed before parents or policy-makers draw conclusions about the safety of amateur football.

The study was published Thursday in the *Journal of Neurotrauma*.

Dr. Robert Stern of the BU School of Medicine says the study is the first of its kind to look at the connection between the total number of head impacts an athlete sustained and later-in-life difficulties such as depression, apathy and behavioral dysfunction.

But he stressed it is meant to spur further research and not guide individuals when deciding whether football is safe for them.

© 2016 The Associated Press. All rights reserved.

Citation: Study: Amateur football hits linked to later-life difficulty (2016, March 31) retrieved 25 April 2024 from

<https://medicalxpress.com/news/2016-03-amateur-football-linked-later-life-difficulty.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--