

Children know best whether an allergy spray works for them

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A recent 14-day study that compared the efficacy of an allergy spray in 304 children aged 6-11 years with seasonal allergic rhinitis showed that the result depended on who assessed symptoms: children themselves or their caregiver.

Children reported significant improvement in their symptoms when they received MP-AzeFlu (Dymista) compared with placebo. Caregivers, on the other hand, were unable to accurately gauge the severity of [symptoms](#) on their [children's](#) behalf.

"Symptom severity assessment by caregivers and children cannot be assumed to be the same. In fact, caregivers are less sensitive than children in assessing response to treatment, at least with available tools," said Dr. William Berger, lead author of the *Pediatric Allergy and Immunology* study. "In this regard children, and not [caregivers](#), appear to know best!"

More information: William Berger et al. Efficacy of MP-AzeFlu in children with seasonal allergic rhinitis: Importance of paediatric symptom assessment, *Pediatric Allergy and Immunology* (2016). [DOI: 10.1111/pai.12540](https://doi.org/10.1111/pai.12540)

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