

# Slow gait after acute MI linked to mortality, readmission

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(HealthDay)—At one month after acute myocardial infarction (AMI),

many older adults have slow gait, which is associated with increased risk of death or readmission at one year, according to a study published online March 1 in the *Journal of the American Geriatrics Society*.

John A. Dodson, M.D., M.P.H., from New York University in New York City, and colleagues conducted an observational cohort study with longitudinal follow-up in 24 U.S. hospitals. Three hundred thirty-eight older adults (aged 65 years and older) with in-home gait assessment at one month after AMI were enrolled.

The researchers found that 53.6 percent of participants had slow gait (

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