

## Cushing's sx described in infant treated with ophthalmic steroid

April 8 2016

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(HealthDay)—In a case report published online April 7 in *Pediatrics*,

iatrogenic Cushing's syndrome (ICS) is described in an infant following intranasal usage of dexamethasone ophthalmic solution.

Sarah Orton, M.D., and Marisa Censani, M.D., from Weill Cornell Medicine in New York City, present the case of a 4-month-old male infant who was born at 26 weeks of gestation. He was treated for [nasal obstruction](#) with intranasal dexamethasone ophthalmic solution administered for six weeks.

The researchers found that after steroid introduction, the infant's growth velocity had decreased. He was noted to have large ruddy cheeks with moon facies on exam. A morning cortisol level of

Citation: Cushing's sx described in infant treated with ophthalmic steroid (2016, April 8)  
retrieved 5 May 2024 from  
<https://medicalxpress.com/news/2016-04-cushing-sx-infant-ophthalmic-steroid.html>

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