

Review: paroxetine reduces vasomotor symptoms

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(HealthDay)—For perimenopausal and postmenopausal women,

paroxetine reduces vasomotor symptoms, according to a review and meta-analysis published online April 7 in *BJOG: An International Journal of Obstetrics and Gynaecology*.

Dang Wei, from Lanzhou University in China, and colleagues conducted a systematic review to confirm the effect and safety of paroxetine for [vasomotor symptoms](#). Data were included from five articles with six [randomized controlled trials](#) (1,571 participants who experienced moderate-to-severe vasomotor symptoms) that compared paroxetine with placebo or no treatment.

The researchers found that at week four and week 12, paroxetine reduced the frequency of [hot flashes](#) by 8.86 and 7.36 per week, respectively (both P

"Paroxetine is effective for reducing vasomotor symptoms in menopausal women, and this finding is supported by moderate quality evidence," the authors write. "However, nausea and dizziness are more common in women taking paroxetine than placebo."

More information: [Abstract](#)
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