

New technique can provide better cell transplants against Parkinson's disease

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The illustration shows a histological section from three dopamine cell transplants in the rat brain affected by Parkinson's disease. An artistic illustration shows how the transplanted cells are controlled by a new gene, so that they can be steered externally using a drug. This allows the nerve cells' function to be studied with unrivalled exactitude in the brain using an implanted electrode. With the help of this technique, the Lund researchers have been able to increase the dopamine cell transplant's function to a level where the animal has been completely restored. Furthermore, they have also used this technique to identify the exact signalling pathway that gives rise to the most common side effects that patients experience as a result of this treatment. Credit: Bengt Mattsson, Lunds universitet

Researchers at Lund University in Sweden have used a completely new preclinical technique and analysis of tissue from patients to show exactly what happens when certain patients with Parkinson's disease are restored as a result of nerve cell transplants. They have also identified what makes many of the transplant patients develop serious side effects in the form of involuntary movements.

The treatment of Parkinson's disease has improved over the past few decades. Despite this, the problem of serious side effects remains, caused by both medication and the transplantation of nerve cells.

Parkinson's disease is associated with a deficit of the nerve cells that produce the neurotransmitter dopamine in the brain. One treatment method is to transplant dopamine-producing cells into the affected part of the brain. Some patients have been completely restored after such a transplant. Others have experienced side effects, <u>involuntary movements</u> known as dyskinesias.

The reason why transplanted patients develop dyskinesias, which is also a common side effect of medication treatment using L-DOPA, has been unknown up to now.



For several years, the Lund researcher Tomas Björklund and his colleagues have been working to develop a completely new technique for studying how the <u>transplanted cells</u> actually function when they are transplanted into a brain affected by Parkinson's disease. They have placed an artificial receptor on the surface of transplanted cells. A specially designed drug activates the receptor, which controls the cells' release of dopamine. In animal testing they have now shown that this method can be used to control the transplanted dopamine-producing cells' activity in the brain. When the dopamine-producing cells are active, the animal is almost completely restored.

"It is like a remote control for the brain. Using this new technique, we can now either close down the transplanted cells completely or increase their activity", states Tomas Björklund. "Now we can control very closely when and how the cells function when transplanted into the area of the brain affected by the disease."

Using this <u>new technique</u>, the researchers have identified the exact signalling pathway in the <u>nerve cells</u> that causes the involuntary movements. This is the chain of events: when the researchers activated the dopamine-producing cells via a specific receptor, 5-HT6, which is sensitive to the neurotransmitter serotonin, cyclic AMP increased within the transplanted cells. This in turn caused an abnormal release of dopamine from the cells, which ultimately caused dyskinesia among the animals.

"We have now been able to map exactly what it is that makes nerve cell transplantation effective as a treatment. We have had access to unique patient material from a patient who has had this type of cell transplant and have also found a very high level expression of the receptor that causes the side effects. The discovery is important, as in future clinical treatment using cell transplantation can be carried out with a considerably reduced risk of side effects, and the effect of the treatment



can be enhanced."

"There are advanced plans in many parts of the world to carry out new clinical studies with nerve cell transplants from both foetuses and stem cells against Parkinson's disease, which means that it's now more relevant than ever to identify the underlying mechanisms in the brain."

The study results are published in the medical journal Neuron.

More information: DREADD modulation of transplanted DA neurons reveals a novel serotonin dependent Parkinsonian dyskinesia mechanism mediated by the 5-HT6 receptor, *Neuron*, <u>DOI:</u> 10.1016/j.neuron.2016.04.017

Provided by Lund University

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