

# CD4/CD8 ratio a predictor of heart disease in HIV-infected patients

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The ratio of CD4 to CD8 T cells in the blood-a marker of immune system health and associated with mortality risk in the general population-is an independent predictor of coronary heart disease in HIV-infected patients, according to a new study published in *AIDS Research and Human Retroviruses*.

The article "The CD4/CD8 Ratio is Inversely Associated with Carotid Intima-Media Thickness Progression in Human Immunodeficiency Virus-Infected Patients on Antiretroviral Treatment demonstrates an inverse correlation between the CD4/CD8 ratio (

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