

# High school federation mandates pitch counts in 2017

July 12 2016, by Hank Kurz Jr.

---

The National Federation of State High School Associations has told its members to adopt a rule regulating the number of pitches a high school pitcher can throw in a game.

The federation did not proscribe a specific number. NFHS director of sports and student services Elliot Hopkins said Tuesday it simply wants local associations legislate a [pitch](#) count by next season.

The [rule](#) will go into effect in the spring of 2017.

Every state plus the District of Columbia is a federation member, Hopkins said, with governance over the largest, typically public association. Each state except Michigan has its own sports medicine advisory committee that will likely be involved in settling on a specific number.

© 2016 The Associated Press. All rights reserved.

Citation: High school federation mandates pitch counts in 2017 (2016, July 12) retrieved 7 May 2024 from <https://medicalxpress.com/news/2016-07-high-school-federation-mandates-pitch.html>

<p>This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.</p>
--