

# Psoriasis-tailored interview training beneficial for clinicians

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(HealthDay)—Psoriasis-tailored motivational interview (MI)-based

training (Psoriasis and Well-being [Pso Well] training) increases clinicians' MI skills and knowledge, according to a study published online July 4 in the *British Journal of Dermatology*.

Anna Chisholm, Ph.D., from the University of Manchester in the United Kingdom, and colleagues examined whether the Pso Well training intervention improves [clinicians'](#) MI skills and knowledge about psoriasis-related comorbidities. Sixty-one clinicians (35 dermatology nurses, 23 dermatologists, and three primary care clinicians) completed a one-day training program focused on MI skills development in the context of psoriasis. The behavior Change Counselling Index was used to assess MI skills before and after training. A 22-point measure was used to assess knowledge about psoriasis-related comorbidity and risk factors.

The researchers found that after training there were significant increases in clinicians' MI skills and knowledge (both P

"Attendance at the Pso Well training resulted in improvements in clinicians' [knowledge](#) and skills to manage [psoriasis](#) holistically," the authors write. "Clinicians deemed the training itself and the assessment procedures used both feasible and acceptable. Future research should investigate how this [training](#) may influence patient outcomes."

**More information:** [Abstract](#)  
[Full Text \(subscription or payment may be required\)](#)

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