

Stellate ganglion block beneficial in postherpetic neuralgia

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(HealthDay)—The therapeutic benefit of stellate ganglion block for

debilitating photophobia secondary to trigeminal postherpetic neuralgia has been described in a case report published online July 5 in *Pain Practice*.

Alexander Sinofsky, M.D., from the University of Maryland in Baltimore, and colleagues describe the case of a single patient who presented with debilitating photophobia secondary to left-sided trigeminal postherpetic neuralgia. A left-sided stellate ganglion block was performed on the patient under fluoroscopic guidance.

The researchers found that for approximately six months after the intervention the patient demonstrated significant reduction in [pain score](#) on the visual analogue scale, as well as improved [functional capacity](#).

"This case report provides evidence that sympathectomy via a stellate ganglion block can treat photophobia secondary to postherpetic neuralgia in the V1 distribution," the authors write.

More information: [Abstract](#)
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