

Glucose transporters blocked in bacterial meningitis

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E. coli K1 damages microvessels (green) that constitute the blood-brain barrier in an experimental newborn mouse model of meningitis Credit: Subramanian Krishnan, Ph.D.

Escherichia coli K1 (*E. coli* K1) continues to be a major threat to the health of young infants. Affecting the central nervous system, it causes neonatal meningitis by multiplying in immune cells, such as macrophages, and then disseminating into the bloodstream to subsequently invade the blood-brain barrier. Neonatal and childhood meningitis in particular results in long-term neurological problems such as seizures or ADHD in up to half of the survivors.

Meningitis can be caused by bacterial, fungal or viral pathogens. One hallmark of <u>bacterial meningitis</u> is reduced glucose levels in the cerebrospinal fluid (CSF) of patients, which allows a physician to quickly begin appropriate antibiotic treatment.

The reason for the reduced <u>glucose levels</u> associated with bacterial meningitis was believed to be the need for glucose as fuel by infiltrating <u>immune cells</u> in response to infection. However, the possibility that the bacteria itself could manipulate <u>glucose concentrations</u> in the brain had not been explored before now.

Scientists at The Saban Research Institute of Children's Hospital Los Angeles (CHLA) report that glucose transporters, which transfer glucose from the blood to the brain, are inhibited by *E. coli* K1 during meningitis.

"We found that expression of glucose transporters is completely shut down by bacteria, leaving insufficient fuel for the immune cells to fight off the infection," said the study's first author, Subramanian Krishnan,



PhD, of the Division of Infectious Diseases at CHLA.

Specifically, the study—reported online in *The Journal of Infectious Diseases*—shows that *E. coli* K1 modulates the protein peroxisome proliferator-activated receptor-gamma (PPAR- γ) and glucose transporter-1 (GLUT-1) levels at the blood-brain barrier in human brain microvascular endothelial cells. This causes inhibition of glucose uptake and the disruption of the <u>blood-brain barrier</u> integrity.

The suppression of PPAR- γ and GLUT-1 levels in mouse models of bacterial meningitis caused extensive neurological effects. The researchers showed that a two-day treatment regimen with partial or selective PPAR- γ agonists (Telmisartan and Rosiglitazone—both FDAapproved drugs) ameliorated the pathological outcomes of infection in mice by inducing expression of glucose transporters.

"Modulation of PPAR- γ and GLUT-1 levels may boost the immune system to fight infection," said principal investigator Prasadarao V. Nemani, PhD of CHLA and the Keck School of Medicine of the University of Southern California. "Our findings could lead to a novel way of treating children with meningitis and reducing long-term neurological problems."

Provided by Children's Hospital Los Angeles

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