

# For those with T1D, more former smokers in U.S. than Europe

August 24 2016

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(HealthDay)—Among patients with type 1 diabetes (T1D), there are

more former smokers in the United States than in Europe, according to research published online Aug. 16 in *Diabetes Care*.

Sabine E. Hofer, M.D., Ph.D., from the Medical University of Innsbruck in Austria, and colleagues examined the prevalence of smoking habits in adults with T1D using data from the T1D Exchange Registry (T1DX) in the United States and the Prospective Diabetes Follow-up Registry (DPV) in Germany and Austria. Data were included for 10,579 participants from 65 T1DX centers and 9,826 participants from 297 DPV centers.

The researchers found that the proportion of smokers was 10.0 and 24.3 percent in T1DX and DPV; former smokers was 18.1 and 5.1 percent; and non-smokers was 72.0 and 70.6 percent, respectively (all P

"We observed a significantly higher number of former [smokers](#) in the United States, implying that interventions to reduce tobacco consumption and smoke-free policies have been more successful in the United States compared with Europe," the authors write.

**More information:** [Full Text](#)

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Citation: For those with T1D, more former smokers in U.S. than Europe (2016, August 24) retrieved 19 April 2024 from <https://medicalxpress.com/news/2016-08-t1d-smokers-europe.html>

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